

# P.E./Wellness Committee

Next Steps

# PE 2012/2013

- Two teachers for nearly sixty students
- Based on data driven studies learning is non-optimal
- Most time focused on management/transitions rather than learning
- Students are moving but not with purpose

# Formation of PE/Wellness Committee

- Strategic plan priority
- Transition from structured recess to actual PE curriculum
- Develop PE outcomes
- Site visits
- Develop Partnerships

# What to Implement 2013-2014

- PE/Cultural component using Hanahauoli model (cross curricular integration)
- Incorporating movement tied to academic achievement (research-based)
  - Name change to Pu'olo Hawaii
  - Pre-K PE
  - Pre-K Pu'olo Hawaii
  - Collaboration with school cultural advisor
  - Partner with Healthy Schools Program to implement employee wellness PD
  - Continue to develop partnership with UH Manoa

# Example Schedule

Days	Marshall Joy	Ian Haskins	Ryan Link
Monday	Group 1	Group 2	Group 3
Tuesday	Group 3	Group 1	Group 2
Wednesday	Group 2	Group 3	Group 1
Thursday	Hawaiian Values(whole group)	Hawaiian Values (whole group)	Hawaiian Values (whole group)
Friday	Cultural Appreciation* (whole group)	Cultural Appreciation (whole group)	Cultural Appreciation (whole group)

# Curriculum Map K-3

## PE/Pu'olo Hawaii

- 1 – Locomotor, Values
- 2 – Fitness; Makahiki
- 3 – Manipulative Skills; TBD
- 4 – Review; TBD

# Curriculum Map 4-6

## PE/Pu'olo Hawaii

- 1 – Locomotor/Manipulative; Values
- 2 – Fitness; Makahiki
- 3 – Modified Games\*; TBD
- 4 – Traditional Games; TBD

# Value Added

- School wide behavior model based on Hawaiian values, reinforced heavily in PE/Pu'olo Hawaii
- Collaboration with U.H.
- Develop opportunities for morning and afternoon fitness and organized recess activities (including PD for adult supervisors)
- Collaboration with other schools (Hanahauoli, Mokulele, Waiau) including visits
- Data driven programs (PE Metrics, Fitness Gram)
- SMART Goals
- Opportunity for staff to exercise 1 hour per week (Healthy Alliance)
- Playground will be seen and used as a classroom with defined guidelines and expectations



# Teacher Expectations

- Fitness role models
- Community Events
- Presentations
- Fitness Gram Assessment
- PE Metrics Assessment
- Standards based model
- 1 year trial to see if outcomes are successful
- Ongoing collaboration with cultural advisor

# PE/Pu'olo Hawaii Outcomes

- Students will be provided the opportunity to become proficient movers and develop skills and knowledge to lead healthy and active lifestyles
- Students will be provided the opportunity to develop an appreciation of their culture through values, mo'olelo and field trips

# PE Goals K-2

- When given an opportunity 80% of students will display proper locomotor skills with 100% accuracy.
- When given an opportunity 80% of students will follow cues demonstrated by the teacher during Makahiki instruction with 100% accuracy.
- When given an opportunity 80% of students will use manipulative skills properly with 100% accuracy.

# PE Goals 3-6

- When given an opportunity 80% of all students will demonstrate proper locomotor movements while involved in games with 100% accuracy.
- When given an opportunity 90% of all students will participate in all healthy activities with 100% accuracy.
- When given an opportunity 80% of all students will be able to identify large muscle groups with 100% accuracy

# Healthy Alliance

- As a school we joined a healthy schools program
- help teachers, school staff, parents, and community members bring about the specific changes to our school to become a healthy environment for the kids

# THANK YOU

- We look forward to implementing this integrated PE and Pu'olo Hawaii program.

## Mahalo:

- Marshall Joy: Committee Leader/ Pu'olo Hawaii/PE Teacher
- Ryan Link: PE Teacher
- Ian Haskins: PE Teacher
- Briann Starkey: HLIP Teacher/Parent
- Penny Duvauchelle: Student Services/Parent
- Katina Soares: Admin